



## *KMHCA COVID-19 Response*

We have been actively coordinating with KCA and ACA during this national crisis to assess our options for best practice strategies. We also ask that you share any updates on the KCA or KMHCA facebook pages.

### *Introduction*

This is a comprehensive newsletter for mental health counselors in Kentucky. The updates, notices, and personal reflections are composed from current legal statutes, current and future opportunities in the field of mental health counseling, and personal stories and reflections of mental health counselors in the state.

Submissions by mental health counselors are welcome at any time. The next issue will be released on September 1st, 2020 and submissions will need to be made by August 15th, 2020 for review and consideration. We welcome notices of upcoming events within the state for mental health counselors, legislative concerns, and personal stories. Three major areas of interest are self-care, best practices, and personal stories related to growth and development within the field of mental health counseling.

Please submit your articles to [anna.settle@lindsey.edu](mailto:anna.settle@lindsey.edu); please include a photo of yourself and a short bio to be featured with your submission.



## *New Board Approved Counselors*

Congratulations to all of our newly licensed clinicians! We all know the hard work and dedication it takes to make it this far!

### *January and February LPCA's*

- Theodor Ball
- Corie Brangers
- Tonya Branham
- Makayla Browning
- Zachary Cantrell
- Kerri Dixon
- Vanessa Evridge
- Jennifer Ewing
- Joshua Freeman
- Amanda Fuller
- Dakota Gallimore
- Ericka Grimes
- Jill Hacker
- Deana Hall
- Megan Harvey
- Susan Hicks
- Kayla James
- Haley Kelley
- Sean Kelly
- Katherine Lynn
- Kelsi Noble
- Pamela Parker-Best
- Ryan Piercy
- Keianna Proctor
- Kristen Rice
- Krystle Robertson
- Larry Sales
- Amanda Salyers
- Jacqueline Shepherd
- Amber Slone
- Amanda Stallings
- Jessica Tibbs
- Joe Washington III
- Courtney Weisshaupt
- Jessica Williams
- Tara Anderson
- Danielle Asher
- Mallory Bitterman
- Adrienne Boland
- Marguerite Boone
- Brian Brentlinger
- Joseph Campbell
- Chelsea Clemans
- Benjamin Cole Jr.
- Kathina Conley
- Bethany Edwards
- Tanya Fluke
- Tiffany Graves
- Chelsea Green
- Kristen Hawkins
- Gerri Hobbs
- Lynoda Howell
- Kelly Jones
- Jennifer Judy
- Heather Lemarr
- Kelsey Logdon
- Hannah Lunde
- Shannon Massey
- Joshua Mata
- Malcolm Matzdorff Jr.
- Esther McCall
- David Meggitt
- Elaina Mitchell
- Luke Morehead
- Sherry New
- Leta Norman
- Whitney Penn
- Katelyn Richardson
- Kuwana Robbins
- Jason Scruggs
- Jessica Starcher
- Zachary Steele
- Marshall Stevens
- Chenel Stewart
- Lori Stratman
- Leanne Sutton
- George Tasedan
- Lori Tipple
- Danielle Von
- Tanesha White
- Amy Wilder



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### *March and April LPCA's*

- Jordan Best
- Sara Fry
- Walter Harris
- Michaela Henderson
- Joshua Hopkins
- Jordan Hudson
- Heather James
- Erica Jones
- Lucy Langdon
- Cameron Meador
- Amanda Rhodes
- Tiffany Thomas
- Lisa Tolliver
- Marie Wallace
- Rebecca Wesseh
- Rebecca Ball
- Emily Belt
- Richard Burchfield Sr.
- Joanie Combs
- William Gallaher
- John Gilliam
- Marcie Holmes
- Geneva Hoskins
- Jessi Jones
- Brian Long
- Brian Rohan
- Elizabeth Sorrell
- Theresa Stotts
- Jessica Ware
- Joshua White
- Berry William

## *Spotlight*

With much thoughtfulness and consideration, The KMHCA executive team has decided to host the annual conference in an on-line format. This decision, while difficult to make, is in the best interest of our supporters, members, and conference attendees. The decision was largely influenced by wanting to create a safe environment for presenters and attendees. Please view our [website](#) for updates pertaining to schedules, registration, and membership.

# KMHCA NEWSLETTER



**ISSUE 2 VOLUME 2**

**JUNE 15, 2020**

KMHCA also has some exciting news. This year, your membership fees will include the conference. You read that right, **FREE** CEUs. You can find more information about the conference and membership by visiting our [website](#). Did you know that you can pay for your membership fees on our [website](#)? The membership registration form is located on our [website](#) and will direct you to Paypal to pay the fee, once completed. Please note that if we do not receive your payment, your membership is not valid.

The [KMHCA Website](#) can still be used to find out the most current information regarding the annual conference, membership, regional chapters and current staff members.

## **Events**

**KMHCA's Annual Conference will** go on the scheduled dates but sessions and attendance are being moved to an online format and the conference will only be one day. Planning and preparation is still underway. Please join us on July 24th. The theme of the conference is Leadership and Advocacy. Proposals are still being accepted. The deadline for submissions is July 8th, 2020. Notifications of acceptance will be sent out by July 15th, 2020. Proposals and questions should be directed to [Veronica.Singleton@lindsey.edu](mailto:Veronica.Singleton@lindsey.edu). Presenters will receive a discounted rate on registration fee.



## *Focus On - Advocacy*

May 31, 2020

The Association for Multicultural Counseling and Development's mission is to enhance the development, human rights, and the psychological health of ethnic and racial populations that is critical to the social, educational, political, professional, and personal reform in the United States and globally. The Association for Multicultural Counseling and Development (AMCD) is aware of the psychological, physical, and emotional consequences of racism and racial discrimination that is taking a toll on individuals within ethnic and racial communities. As such, AMCD seeks to develop programs specifically to improve ethnic and racial empathy and understanding. Additionally, AMCD is charged with the responsibility of defending human and civil rights as prescribed by law.

AMCD strongly denounces the senseless, brutal killing of George Floyd (Minneapolis, MN), Ahmaud Arbery (Brunswick, GA), Breonna Taylor (Louisville, KY), and the countless other instances of brutal killings and abuses of power towards black and brown individuals living within a plethora of systemic inequities (i.e., political, economic, social, cultural) that perpetuate injustice. We send our condolences and sympathies to all the grieving families and friends.

Furthermore, AMCD denounces the racism, bullying, and hate in all its forms towards our family and friends in the Asian American and Pacific Islander community. It has been reported that since the onset of the coronavirus 2019 (COVID-19) pandemic, the Asian American community has faced a double whammy, discrimination and unemployment.

Race-based traumatic stress, the psychological and emotional stress reactions to racism and racial discrimination present in ways such as depression, anger, physical reactions, avoidance, intrusion, and hypervigilance/arousal. For those who are experiencing any of the symptoms of racism and discrimination and/or from the COVID-19 pandemic, know that you are not alone. Seek support from family, friends, and community support networks to help you deal with and process how you are feelings. Seek professional assistance if necessary.

# KMHCA NEWSLETTER



**ISSUE 2 VOLUME 2**

**JUNE 15, 2020**

AMCD will continue to work tirelessly to improve the cultural climate of the populations we serve and eliminate conditions that systematically create barriers to the individual development of marginalized populations. We will continue to focus on issues of oppression, privilege, and social inequities as we believe that all people have a right to equitable treatment, advocacy of their human rights, and fair access and allocation to societal resources.

Taunya Marie Tinsley, PhD

President, AMCD 2019-2020